

**The Pilgrim's Progress**  
**Chapter 9 – The Pilgrim Goes Through Valleys (Part 1)**  
**The Valley of Humiliation**  
**August 20, 2014**

- I. DVD #7 “The Valley of Humiliation”
  
- II. The Beginning of the Journey
  - A. Discretion, Piety, Charity and Prudence
  - B. The Gifts
  - C. The Armor
  - D. A description of the Valley
  
- III. Christian meets Apollyon
  - A. The Character of Satan
    - 1. Apollyon: Destroyer.
    - 2. Abaddon: Destruction. Also the Hebrew name for the ruling angel in Hell.
  - B. Other names for Satan
  - C. The Questioning
  - D. The Battle
  
- IV. Application – 10 Special Helps and Rules Against Satan’s Devices (Thomas Brooks [1608-1680])
  - A. \_\_\_\_\_ by the rule of the Word of God. (Prov. 12:24; Gal. 6:16)
  - B. \_\_\_\_\_ of vexing and grieving of the Holy Spirit of God.
  - C. \_\_\_\_\_ for more heavenly wisdom.
  - D. Make \_\_\_\_\_ against Satan’s first motions.
  - E. \_\_\_\_\_ to be filled with the Spirit.
  - F. Keep \_\_\_\_\_. (Psalm 25:9; Is. 57:15, James 4:6.)
  - G. Keep a strong, close and constant \_\_\_\_\_. (Matt 26:40; Mark 13:33, 34, 35, 37; 1 Cor. 16:13; Col. 4:2; 1 Peter 4:7; Rev. 2:3)
  - H. Keep up your \_\_\_\_\_ with God.
  - I. Do not \_\_\_\_\_ Satan in your own strength – but by drawing new virtue and strength from \_\_\_\_\_.
  - J. Be much in \_\_\_\_\_.

V. Next Week: DVD#8 “The Valley the Shadow of Death” and *The Pilgrim’s Progress* Chapter 9 “The Pilgrim Goes Through Valleys”.