

**The Pilgrim's Progress**  
**Chapter 9 – The Pilgrim Goes Through Valleys (Part 1)**  
**The Valley of Humiliation**  
**August 13, 2014**

- I. DVD #7 “The Valley of Humiliation”
- II. The Beginning of the Journey
  - A. Discretion, Piety, Charity and Prudence
  - B. The Gifts
  - C. The Armor
  - D. A description of the Valley
- III. Christian meets Apollyon
  - A. The Character of Satan (**Adversary**)
    - 1. Apollyon: Destroyer (**Greek**)
    - 2. Abaddon: Destruction (**Hebrew**). Also the Hebrew name for the ruling angel in Hell.
  - B. Other names for Satan
  - C. The Questioning (**Mt 4:1**)
  - D. The Battle (**Luke 22:31 “sift”**)
- IV. Application – 10 Special Helps and Rules Against Satan’s Devices (Thomas Brooks [1608-1680])
  - A. **Walk** by the rule of the Word of God. (Prov. 12:24; Gal. 6:16)

**When men throw off the Word, then God throws them off, and then Satan takes them by the hand, and leads them into snares at his pleasure.**
  - B. **Take heed** of vexing and grieving of the Holy Spirit of God.

**Man is a weak creature, and no way able to discover Satan's snares, nor to avoid them—unless the Spirit of the Lord gives skill and power.**

**Wayne Grudem - "the Holy Spirit can be grieved and cease to bring blessing in a situation. Stephen rebuked the Jewish leaders, saying, “You always resist the Holy Spirit” (Acts 7:51). Paul warns the Ephesian Christians, “Do not grieve the Holy Spirit of God in whom you were sealed for the day of redemption” (Eph. 4:30), and exhorts the Thessalonian church, “Do not quench the Spirit” (1 Thess. 5:19)**
  - C. **Labor** for more heavenly wisdom.

**It is not the most knowing Christian—but the most wise Christian, who sees, avoids, and escapes Satan's snares.**
  - D. Make **immediate resistance** against Satan’s first motions.

**The promise of conquest is given to resisting, not to disputing: 'Resist the devil, and he will flee from you' (James 4:7).**

- E. **Labor** to be filled with the Spirit.

**It is not enough that you have the Spirit—but you must be filled with the Spirit, or else Satan, that evil spirit, will be too hard for you, and his plots will prosper against you.**

- F. Keep **humble**. (Psalm 25:9; Is. 57:15, James 4:6.)

**A humble heart will rather lie in the dust than rise by wickedness, and sooner part with all than the peace of a good conscience.**

- G. Keep a strong, close and constant **watch**. (Matt 26:40; Mark 13:33, 34, 35, 37; 1 Cor. 16:13; Col. 4:2; 1 Peter 4:7; Rev. 2:3)

**A sleepy soul is already an ensnared soul. That soul that will not watch against temptations, will certainly fall before the power of temptations. Satan works most strongly on the imagination, when the soul is drowsy.**

- H. Keep up your **communion** with God.

**Your strength to stand and withstand Satan's fiery darts is from your communion with God. A soul high in communion with God may be tempted—but will not easily be conquered. Such a soul will fight it out to the death. Communion with God furnishes the soul with the greatest and the choicest arguments to withstand Satan's temptations. Communion is the result of union.**

- I. Do not **engage** Satan in your own strength – but by drawing new virtue and strength from **the Lord Jesus**.

**Certainly that soul that engages against any old or new temptation without new strength, new influences from on high—will fall before the power of the temptation. You may see this in Peter; he rested upon some old received strength—'Though all men should deny you, yet I will not!' (Matt. 26:35)—and therefore he falls sadly before a new temptation.**

- J. Be much in **prayer**.

**Prayer is a shelter to the soul, a sacrifice to God and a scourge to the devil.**

V. Next Week: DVD#8 “The Valley the Shadow of Death” and *The Pilgrim’s Progress* Chapter 9 “The Pilgrim Goes Through Valleys”.

